



**Ebook Directory**  
the best source of ebook

The book was found

# Self Discipline: Develop Powerful Mindsets To Manifest Your Dreams



## Synopsis

Have you ever set important goals for yourself only to find that you couldn't stay motivated to achieve them? Nearly everyone has struggled with this conundrum. What it all comes down to is developing self-discipline. This ensures that you stay on track until your goals are complete, and develop a mindset that allows you to stay motivated even when your interest starts fading. In this book, you will learn:

- Why you need Self-Discipline: Most people assume that achieving their dreams is all a matter of staying motivated and passionate about them, but the truth is, without self-discipline, you won't be able to do what you hope to do. Discipline is what keeps you practicing even when you don't "feel like it", and what helps you to try again and again even when things don't go perfectly. In other words, you need it to succeed.
- How to set Effective Goals: Accomplishing goals starts with setting them effectively. This is the starting point for achieving your wildest dreams and gaining the life you've always wished for.
- How to Control your own Life: Most of us go through life without ever realizing how controlled we are by outside forces that have nothing to do with our personal desires. The key to fixing this is realizing that fact, and then working to take back control over your own life.
- Tips for Increasing Productivity: Self-discipline and productivity go hand in hand, so to improve one is to improve the other. This book will be your guide for getting better at productivity so that you can achieve your dreams and live the life you deserve. If you're ready to stop making excuses and start achieving your goals, this is the book for you.

## Book Information

File Size: 776 KB

Print Length: 45 pages

Publication Date: December 29, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01MR1CCKU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #585,962 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #28

in Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Divination > Graphology

#55 in Books > Religion & Spirituality > New Age & Spirituality > Divination > Graphology #65

in Books > Self-Help > Handwriting Analysis

## Customer Reviews

If you've been trying to improve your life with the help of self improvement information and have gotten little to no results, you're not alone. In fact, most people who try self improvement resources fail to get the promised results. Inspirational, developmental, and practical... try it!

You have to be discipline in life to achieve your dreams. It has to be your number one priority to reach your goals. This book is true motivator. Having a focused and powerful mind is essential to live a disciplined life.

This is a helpful start to getting onto a journey to a new and better you. It is up to you to take it further but this is definitely a great start. I would recommend this book to any and everyone.

It was a high level, long article... didn't deep dive into anything. 'You should meditate! To find out more about meditation YouTube it'.. uhhhhm ok thanks - how about some basic tips to actually get the reader inspired to try it then and there! No time like the present

Short and sweet. Reinforced that my actions are not wrong...I'm perfectly human, but there are simple ways to improve...and it can be done. Quick read that left me with clear direction and understanding - and motivation

After reading this I feel more inspired to stick with my goals. A quick read to help motivate those on the path to self improvement.

[Download to continue reading...](#)

Self Discipline: Develop powerful mindsets to manifest your dreams Self-Discipline: Self-Discipline of a Spartan Trough: Confidence, Self-Control and Motivation (Motivation, Spartan, Develop Discipline, Willpower) NAVY SEAL DISCIPLINE; The Ultimate Guide to Self-Discipline & Control like a US NAVY SEAL: Gain Incredible Self Confidence, Motivation & Discipline.: Self-Discipline: ...

Guide (NAVY SEAL WARRIOR GUIDES Book 1) Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids Self-Discipline for Entrepreneurs: How to Develop and Maintain Self-Discipline as an Entrepreneur Manifest Your Dreams: Learn to Manifest Your Every Desire With The Law of Attraction (FREE Workbook Inside) Positive Discipline: The Classic Guide to Helping Children Develop Self-Discipline, Responsibility, Cooperation, and Problem-Solving Skills Dreams: Find Out All About Your Dreams For Greater Happiness And Success: Dreams & 9 Free Books (Dreaming, Dreams, Interpreting Dreams, Dream Meanings) The Power of Positive Energy: Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement, Increasing Self-Esteem, & Gaining Positive Energy, Motivation, Forgiveness, Happiness ... Happiness, Change Your Life Book 1) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Daily Self-Discipline: Everyday Habits and Exercises to Build Self-Discipline and Achieve Your Goals Manifest Your Millions: A Lottery Winner Shares his Law of Attraction Secrets (Manifest Your Millions! Book 1) Daily Self Discipline: Tips and Techniques On How To Develop, Build and Improve Self Control To Gain Meaning, Get More Success, and Become a Shining No-Excuse example (Journey Book 2) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Self-Discipline: Become A Greek Spartan: Everything You Need to Know to Transform Your Life into A Modern Day Spartan & Gain More Confidence, Hunger and ... (Greek Spartan Mindset, Spartan Discipline) Habits! 21 Powerful Simple Mini Habits to Boost Your Mind, Hack Your Productivity and Achieve Success in Life (Healthy Living eBooks, Self Control and Discipline,) How to Build Self-Discipline to Exercise: Practical Techniques and Strategies to Develop a Lifetime Habit of Exercise Self-Discipline: Spartan Discipline for the Modern Man

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)